

INTAKE FORM LAKE HOUSE INN YOGA RETREAT, 20 JANUARY- 22
JANUARY 2012

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (H): _____ (C) _____

E-mail address: _____

Do you have previous yoga experience? _____ If so, how long? _____ In what style/s? Level _____
How often do you practice yoga/take classes? _____ Will you be attending the yoga classes on this retreat? _____
Do you have any current injuries, health conditions or chronic pain that may effect your comfort/participation during yoga classes? If yes, Please explain. Use the back of this paper if necessary.

Please check any conditions that apply:
 Diabetes Hypoglycemia Chronic Headaches Asthma Ulcers
 Low Blood Pressure Herniated/Bulging Disc Epilepsy Depression
 Rheumatoid Arthritis Hernia Sciatica Scoliosis (what type)
 Hypertension High Blood Pressure Digestive Disorders Heart Disease
 Osteoarthritis Immune Disorder Spondylolisthesis/lysis Allergies (food/meds)
 Mental Illness
Any other health conditions or surgeries you have had that may affect your retreat?

Is there anything you would like me to know about your current mental or emotional state?

Are you currently taking any medications? If so, please list below.

Accommodation: Which rooming option do you select? _____

Single or double occupancy? _____

Roommate? _____

Do you have any food allergies or special diet considerations we need to accommodate?
Vegetarian meals are only provided if requested beforehand, as the chef needs to know.

Please list 2 emergency contact people: First contact:

Name _____

PhoneNumbers: _____

Relationship: _____

Second contact: Name _____

Phone Numbers: _____

Relationship: _____

Please verbally confirm with Ali (alicam43@gmail.com or 646-288-3232) your rooming option is available and then please send this completed registration, signed release and %50 deposit to Ali Campbell, 20 Euclid Place, Montclair, NJ 07042
Checks made payable to Ali Campbell. Remainder of the balance is due December 20, 2012.

RELEASE

Alison Campbell (herein after referred to as "Agent") acts only in capacity as agent for the participant in all matters connected with hotel accommodations, sight-seeing journeys and transportation, whether by rail, bus, motorcar, boat or any other means and as agent holds herself free of responsibility for any damage occasioned by any cause. Agent will not be responsible for any damages or expenses or inconveniences caused by late departures or change of schedule, strikes or to their conditions, nor will be responsible for loss or damage to baggage or any of the participant's belongings. All prices quoted are correct at time of printing, include the cost of operation of the journeys, and are subject to currency changes. Agent shall not be responsible for personal injury, death, accident, delay, loss, damage, irregularity or property damage as a result of force majeure or for any other losses or damages incurred by any person or journey participants caused by any delay or change of itinerary or arising out of any act, including, but not limited to, any act of negligence, any person acting for or on behalf of Agent for transportation,

accommodation or sight-seeing provider or any other person or entity rendering any of these services or accommodations being offered in connection with this journey. This agreement supersedes all previous oral or written communications, representations, or agreements between the parties.

Printed Name

Signature

Date